

# Learning never stops!

Newsletter of the Golden Languages project

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## A warm welcome to Golden Languages

Golden Languages is a project involving four countries. The project aims to encourage older people to learn foreign languages. This is beneficial for their development and social contacts. It is also good for continuing to exercise their brains and keeping them fit.

With this newsletter, we keep you informed of the latest developments. For more information, see our [website](#).

The Golden Languages method is suitable for teaching in all languages. We conducted research into the background of learning by the elderly. A scientific report was produced based on this research. We created an accessible summary of that scientific report. It is now available on our project [website](#).

The report shows that older adults appreciate a well-organized learning environment. Communication is very important to them. That is why they particularly enjoy lessons with others in a classroom. Electronic forms of learning are perfectly acceptable, but truly as a supplement to this core curriculum.

The elderly benefit from learning. It helps them keep their brains active: it is mental training. They also find that it improves their concentration and that they have started listening better. It remains a challenge, however, because memory declines somewhat, but this is also trained through the lessons.

Learning the language also requires a different approach from the teacher. Learning long lists of vocabulary and grammar is not the priority. Much more emphasis should be placed on using the language in communication situations. Students must learn to overcome the fear of making mistakes in their expressions.

Naturally, the original scientific research is also available. It is in English, but anyone who would like to read it can find it at [link](#).

### Partners

